

Boston Sailing Center

REFRESHER OUTLINE

GENERAL GOALS

- Review the skills needed to daysail keelboats in protected waters.
- Qualify students with previous experience for Daysailing Membership.

ON THE WATER 1		CLASSROOM 1	
Sail shape and control Practice mooring landings		Navigation Lecture I <ul style="list-style-type: none">• Chart reading, color coding, symbols• Aids to navigation - fixed and floating• Compass• Safety and seamanship• Weather• NOAA Forecast• Squalls• Small Craft Warnings• What to do if you run aground	
ON THE WATER 2		CLASSROOM 2	
<ul style="list-style-type: none">• Review• Docking• Close quarters maneuvering• Navigation Sail Part I		Navigation Lecture II: <ul style="list-style-type: none">• Deviation and Variation• Plotting a course• Distance - Nautical mile• Speed - Knots• Use of Tide Tables and Current	
ON THE WATER 3 – NAVIGATION SAIL			
Sail among the islands in the outer harbor and practice navigation			