

NIGHT SAILING STUDENT INFORMATION

GENERAL GOALS

Increase competence at daytime coastal cruising and night sailing in familiar waters

CLASSROOM - NAVIGATION 5:30-6:30pm

- Plotting courses
- Dead reckoning
- LOPs and fixes
- Running fix
- Light characteristics of aids to navigation
- Running light requirements
- Interpreting running lights on other vessels and applying the rules of the road
- Low visibility navigation
- Route planning
- Discuss clothing and personal equipment, hypothermia and seasickness

SAILING 6:45 to 11:30pm

- Preparation of the boat for a cruise
- Evaluating weather forecasts
- Planning a sensible route with alternatives
- Selecting and trimming sails for optimum comfort and speed
- Coastal navigation
- Night sailing techniques
- Techniques for sailing in poor visibility
- Applying the rules of the road
- Discuss common problems and potential emergencies with appropriate responses