

Boston Sailing Center Round the Islands Race Sailing Instructions

1. Rules

Boats that are racing will be governed by the Racing Rules of Sailing and by these sailing instructions. The standard Nav Rules (COLREGS) apply between boats racing and those that are not.

2. Changes in Sailing Instructions

Any change in the Sailing Instructions will be announced at the Skippers' meeting.

3. Marks of the Course

The starting mark is a green sphere about two feet in diameter. Government marks that are marks of the course will be circled on the course chart.

4. Course

4.1 The course will be announced at the skippers meeting.

4.2 After the start, the course to be sailed is indicated on the course chart. Marks that are circled must be rounded as shown.

5. The Start

5.1 The starting line will be between the starting mark and a blue flag on the committee boat.

5.2 All starts will be dinghy starts with horn signals indicating the countdown. Before the starting sequence there will be several blasts of the horn to warn the racers of the upcoming sequence. This modifies rule 26.

Sequence:

Warning	1 long	5 minutes
Preparatory	3 long	3 minutes
	2 long	2 minutes
	1 long, 1 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 long	5, 4, 3, 2, 1, START

Note: the beginning of the horn signal marks the exact time

8. Recalls

8.1 Race Committee will attempt to hail premature starters by boat name or sail number, however it is the responsibility of each crew to determine that they started in accordance with rule 29.1.

8.2 Race Committee will hoist an "X" flag (blue cross on white field) when one or more competitors have started prematurely. The "X" flag will be lowered when all such competitors have returned and started correctly, or four minutes after the starting signal, whichever is earlier.

8.3 General recalls will be signaled by several short blasts of the horn immediately following the starting signal. A new sequence will begin immediately with the warning signal.

9. The Finish

9.1 The finishing line will be between the finishing mark and a blue flag on the committee boat. Leave the finishing mark to starboard.

9.3 The Race Committee may shorten a race in progress at any mark of the course. In such case the committee will be on station at the new finish line and will sound several short horn blasts and display an "S" flag (blue square in a white field) to indicate that the race is being shortened.

11. Signals made on the Committee Boat

If the Race Committee flies the "NS" flag spinnakers may not be used.

12. Safety

The race committee may disqualify a boat without a hearing for crossing close in front a stand on deep draft vessel.